# Suggested sequence of courses for a Bachelor of Arts degree in Athletic Health Care

### Freshman Year

GNST-1000, BC Experience cr EXSC-2263, Care & Prev. of Athl. Injuries 3

EXSC-1107, Beginning Weight and Circuit 1 Historical Foundation 3

Training Aesthetic Foundation 3

EXSC-2210, First Aid & Personal Safety 2 THEO-1100, Introduction to Theology 3

ENGL-1010, English Composition 3 EXSC-1115, Wellness for Life 1

Person and Community Foundation 3 CHEM-1010, Chemistry of the Biosphere 4

EXSC-2209, Person and Community Health 2 EXSC-1107, Beg. Wgt. & Circuit Training 1

BIOL-2242, Human Anatomy & Phys I 4

EXSC-2240, Structural Anatomy 3

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# Sophomore Year

ATTR-3374, Recog & Eval of L.E. Athl Inj 3 ATTR-3364, Recog & Eval of U.E. Athl Inj. 3 Written Communication Skill 3 ATTR-3362, Therapeutic Modalities 4 ATTR-2212, Beginning Clinical Prac. I 3 ATTR-2213, Beg. Clinical Prac. II 3 BIOL-2242, Human Anatomy & Phys I 4 BIOL-2243, Human Anatomy & Phys II 4 EXSC-3380, Kinesiology & Biomech Anlys 3 SPCH-1100, Speech Communication 3

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#### Junior Year

EXSC-3357, Tests & Measure. in Health 3 ATTR-3361, Therapeutic Exercise 3 and Physical Education EXSC-3366, Physiology of Exercise 3 PHIL-1750, Principles of Nature 3 ATTR-3313, Intermed. Clinical Prac. II 3 ATTR-3312, Intermed. Clinical Prac. I 3 ATTR-3325, General Medical Conditions 2 Foreign Language 4 Faith Foundation 3 Fitness Activity or Swimming Course 1 Foreign Language 4 EXSC-3303, Basic Nutrition 3

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## **Senior Year**

ATTR-4407, Pharmacology 2 Faith Foundation 3
Philosophical Inquiry Foundation 3 Philosophical Foundation 3
Historical Foundation 3 Written Communication Skill 3
ATTR-4412, Advanced Clinical Prac I 3 ATTR-4413, Adv. Clinical Practicum II 3
Oral Communication 3 ATTR-COMP, Senior Comprehensive cr
ATTR-4406, Admin. of Athletic Health Care 2 Aesthetic Foundation 3

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